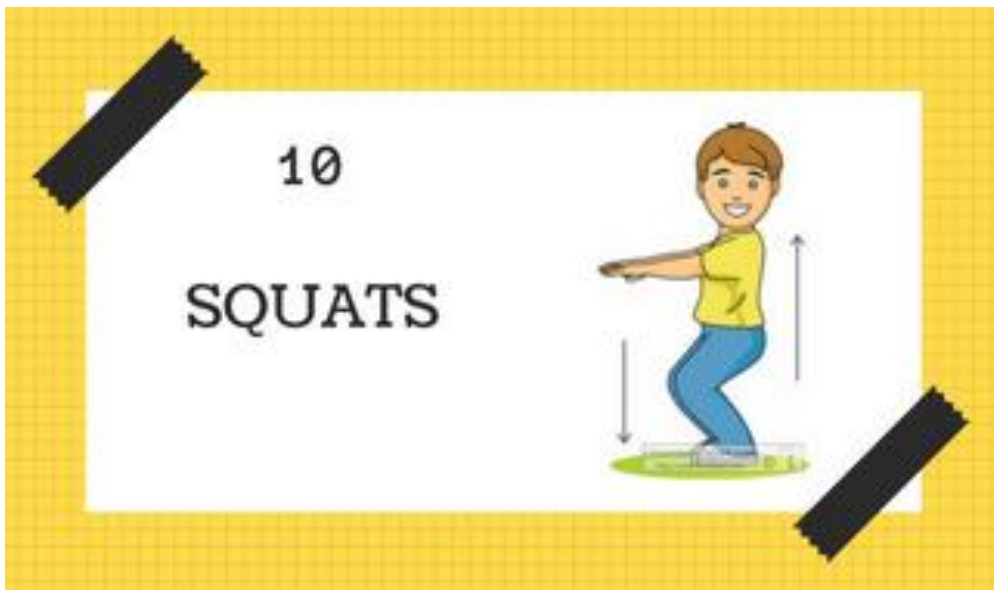
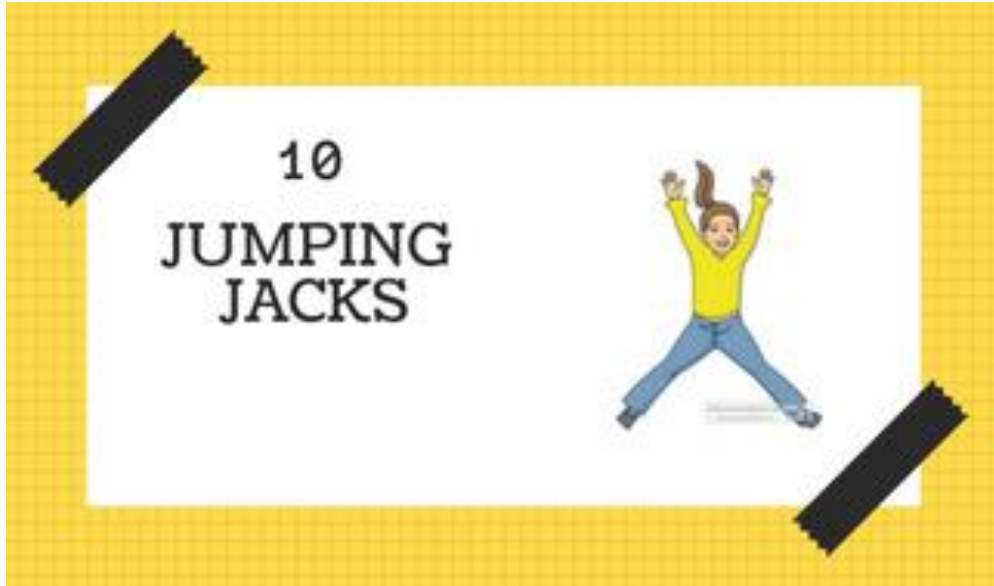


### Individual Task Cards

I am going to take photos of my students to put them on the cards and paste it over the clip art.



20  
JUMPS  
FORWARD  
OR BACKWARD



10  
HULA HOOP  
ROTATIONS



10  
PUSH UPS



10  
SIDE BENDS

RIGHT  
AND LEFT



